

# Liard First Nation 3 Year Regional Treatment Strategy

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### **Issue 2** October 16, 2008

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- Review of Open House
- Summary Highlights of Community Survey
- Information on October's Community Visioning Workshop
- Information on the Kaska Mining Summit



**Open House on June 26th** 

#### KASKA MINING SUMMIT

October 21-23, 2008 Watson Lake Recreation Complex & Belvedere Boutique Hotel

 A gathering of Stakeholders in the Mining Industry to discuss mining exploration and development within Liard First Nation (Kaska) Traditional Territory; and training options and social barriers to establish a skilled labor force.

Mining Forum Contact: LFNDC (867) 668-6850

### Dear Citizens and Friends:

The Liard First Nation continues to launch the early phases of the three -year Regional Treatment Strategy under the project leadership of the Liard Aboriginal Women's Society (LAWS). The project was introduced at the Open House session on June 26, 2008, attended by over 130 people.

Community members had the opportunity to hear from community leaders and various guest speakers on details of the planning project, and its broad recognition and support. A community feast was provided in honour of the project launch and door prizes were awarded for the 62 participants who filled out the community survey.

Thanks to all those who came out and made the evening a great gathering of fun and learning.



### **Community Survey on Treatment**

- "We need more information on alcohol and drugs. We need some sort of treatment centre in our community."
- "We need something done right away before we lose our First Nations to alcohol and drugs."
- "I would like to see more of our younger people learning about our traditional ways and taking more time with our elders."
- "My vision... Sober and drug-free members; happy families out on the land."
- "My vision... Our community working together with respect for all."



#### JOIN US AT THE "VISIONING" WORKSHOP

Wed. Oct. 29 & Thurs. Oct. 30, 2008 Watson Lake Community Centre 9-4 pm

- Find out the results of Phase 1 planning
- Help create the Vision for Community Wellness
- Tell us what our strengths & issues are around treatment
- Identify values and priorities that will shape the 3 year Action Plan

Lunch will be served Door Prizes

For more information, call 867-536-2097

See you there! Be part of the solution!



## "Without a healthy home, without healthy mothers and grandmothers we do not have a healthy community."

### We are in PHASE 1 & 2 of the 4 Phase Planning Process for Community Wellness

#### 2) Where do we want to go?

The purpose of Phase 2 is to create a community vision for Liard First Nation's Regional Treatment Strategy. A community vision helps to determine the community's priorities and actions necessary for the desired change. The visioning session is a gateway for moving



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from where the community is now, to where the community wants to go in its vision for addictions treatment.



### Community Survey on Treatment Findings

At the Community Open House held on June 26, 2008, 62 community members identified their ideas for the planning process, concerns and ideas around treatment, and strengths and barriers to treatment. Highlights are as follows:

## Involve key players in our process, especially ...

- The community
- The Chief and Council, and the Elders
- The Liard and Kaska Nations

#### Involve the community through ...

- Small group gatherings
- Large group gatherings
- Information sessions

## Communicate the planning results through ...

- Newsletters
- Word of Mouth
- Community information boards

### Our vision for wellness needs to focus on ...

- Respect
- Sobriety
- Traditions

## The current treatment system is working well because ...

- A treatment system exists
- Workshops are being delivered
- Counselling / Laws is provided

### The current treatment system is not working well because there is no ...

- Local treatment centre
- Local support system
- After care treatment

### **Treatment Planning Calendar**

Liard First Nation's three-year Regional Wellness Strategy is funded by the Northern Strategy Initiative and managed by the Liard Aboriginal Women's Society (LAWS). A planning support team is helping guide the community process and to maximize community involvement. The process is being facilitated Jeff Cook of Beringia Community Planning.

- Initial meeting of the Planning Support Team: April 29 & 30, 2008
- Community Open House: June 26, 2008, attended by over 130 members
- Community Newsletter #1: Issued June 26, 2008
- Community Survey: Completed by 62 community members, the report was submitted on August 2, 2008
- Community Newsletter #2: Issued October 16, 2008
- Community Visioning Workshop: Scheduled for October 29 & 30, 2008

We look forward to your participation!

#### Top three treatment needs are ...

- Culturally appropriate treatment
- A local treatment centre
- A local aftercare facility and programming

## Community strengths to help with treatment include ...

- Living off the land
- Leadership from Elders
- Traditional activities and knowledge

#### Barriers to treatment include ...

- A lack of trust
- Fear of treatment
- A lack of social skills

## Results for a successful treatment outcome include ...

- Employment opportunities
- Sobriety
- Less violence