



**Liard Aboriginal Women's Society - Box 3 Watson Lake, Yukon Y0A 1C0  
laws@northwestel.net - 867-536-2097**

## Indian Residential Schools Personal Credits Information

The deadline to access the Personal Credits is October 31<sup>st</sup>/2014

Do you still have questions about the personal credits?

LFN Residential School Support Worker and LAWS would like to invite everyone to an open house to answer any questions about the Personal Credits.

**When: September 10th**

**Where and Time: 2 mile hall from 10-12 pm & Daylu Dena Council Office from 2-4pm**

The following individuals would be more than happy to assist you with your Personal Credits Form.

Lower Post – Debbie Groat – 779-3161 & Bernice Ball - 779-3161

Watson Lake – Rose Caesar – 536-7921

Ann Maje Raider – 536-2097

Travis Stewart – 536-2097

## Crafts, Language & Sharing

We invite anyone that is interested in learning to sew slippers and share our language and our stories to attend the workshop on:

**When: September 22nd– September 26th**

**Where: 2 Mile Hall**

**Time: 10 am – 4 pm**

We are very grateful to our Elder Fred Hasselburg for preparing the hide in the traditional way for our project.



## **Traditional Parenting Workshop**

Would you like some validation that you are on the right path with disciplining your children? Would you like to learn traditional ways of disciplining children?

LAWS will be working with Joe Mikwans, Traditional Parenting Instructor with the Skookum Jim's Friendship Centre to offer on-going workshops on Traditional Parenting. We will invite Kaska Elders to co-facilitate this and other workshops with Joe.



## **Kaska Men's Group Meeting**

Hammond has contacted some of our Kaska men as there seems to be an interest in establishing a Kaska men's group. He is inviting all Kaska men who are interested in getting involved to attend an important meeting to select board members, choose a name and adopt the By-laws.

When: September 4th, 2014

Time: 10:00 am

Where: 2 Mile Hall

# Introducing The Return Of Traditional Healer Robert Beaulieu

Liard Aboriginal Women's Society is pleased to announce and welcome back Traditional Healer Robert Beaulieu from the Northwest Territories.

When: September 15th to September 18th

*Please call LAWS office at 536-2097 if you are interested in seeing Robert and booking an appointment.*



## Workshop on Wills/Estates & Power of Attorney

Lillian Nakamura Maguire is to prevent or reduce the risk of abuse, especially financial abuse. The Yukon Public Legal Education received funding from New Horizons for Seniors the coordinator for a legal information project for elders and seniors on legal resources to provide free presentations and learning opportunities and develop print, video and other materials for older people and their families, caregivers and service providers.

Lillian will be in Watson Lake on October 1st to provide information on Wills/Estates and Power of Attorney.

**When: October 1st, 2014**

**Where: 2 mile hall**

**Time: 10:00 am**



# Emotional Intelligence - Verbal Communication Workshop

## Emotional Intelligence

Emotionally intelligent people are able to identify and assess their emotions and those of others and then use that information to guide their actions and influence the actions of others. While cognitive skills are important, it is emotional intelligence that has the greatest impact on people's ability to be productive and work well with others. Participants in this workshop will learn to utilize emotional intelligence more effectively through both self-assessment and skill development exercises, resulting in an increased ability to engage more effectively with others and expand their influence.

### Workshop Outline

- What is Emotional Intelligence?
- The Difference between IQ and EI
- Why EI Matters
- Myths about Emotions
- A Brief Academic History of EI
- The Impact of Emotions on Productivity
- Assessing your Emotional Intelligence
- Knowing your Emotions

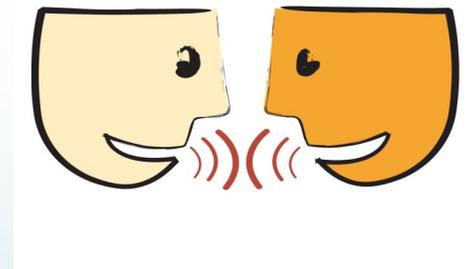


## Assertive Communication

Understanding our communication style and how we interact with others is essential to positive and productive relations. Effective communication requires us not only to be aware of ourselves, but also to be responsive and aware of others. Being assertive in communication is the ability to express positive and negative ideas and feelings in a transparent, welcoming and direct way - to state clearly and without defensiveness what one needs. Participants of this workshop will build an awareness of their communication patterns and learn to deal confidently with people around them. This workshop is fun, practical and highly effective at improving communication awareness and skills.

### Workshop Outline

- Effective Communication
  - Self-Awareness
  - Assertive Test
  - Aggressive Communicators
  - Passive Communicators
  - Assertive Communicators
  - Beliefs to Foster Assertiveness
  - Mitigated Speech
  - Assertive Body Language
  - Areas of Assertive Communication
  - Offering Your Opinion
  - The "No" of Assertion
  - Making Requests
- Receiving Correct Feedback
  - Communication Tips
  - Choosing your response
  - Shyness and Passive Communication
  - Positive Self Talk



**WHEN: OCTOBER 30 AND 31ST**

**WHERE: 2 MILE HALL**

**TIME: 9AM—4PM**

