



Liard Aboriginal Women's Society Box 3 Watson Lake, YT Y0A 1C0 Phone: 867-536-2097 Fax: 867-536-2810

September 2013

RECONNECTING WELLNESS—KASKA LANGUAGE PROJECT

We are currently hosting Kaska Language classes and learning traditional skills at Frances Lake until September 13th. It is wonderful to hear so much laughter and the interest in learning our language and traditional skills.

We would like to extend our appreciation to our teachers: Barbara Morris, Jocelyn Wolftail and Elders Tootsie Charlie and Minnie Caesar. It is not too late to join in the fun. If you are interested, please contact Travis for details.

We are also pleased to offer the services of Kim Younger and Tammy Collingwood who will be offering the Hot Stone Massage and Acupuncture at Frances Lake from September 10th to September 13th. If you are

interested in pampering yourself and enjoying our peaceful homeland, please drive out for the day or the week, you will not regret you joined.

Everyone is welcome to take part in these events free of charge.

Tammy Collingwood is an Integrative Healer currently residing in Victoria, BC. Her formal education includes a Diploma in Tradition Medicine, which incorporates tui-na massage, acupuncture, herbal remedies and various other healing techniques.

Tammy is well known in her community for her bodywork and pranic healing, which she has practiced for over 20 years. Her massage style incorporates Swedish, Acupressure, Shiatsu, deep tissue, and

relaxation massage.

Each session, designed to fit the unique requests and needs of the client.

Kim Younger-Lubicon

Received formal training as a massage therapist at Maui School of Therapeutic Massage a couple years ago in Hawaii. Her body-work is a blend of traditional Lomi Lomi and hot stone massage. Her studies focused intensely on Lomi Lomi (Hawaiian traditional body work that has a focus on connection and structural alignment); Her focus is helping clients learn more about body awareness in order to help correct structural alignment, heal chronic injuries and open to the emotional stories we carry in our bodies.



ONE ON ONE HEALING SESSIONS WITH A SHAMANIC HEALER

We are very excited to announce that Tarmo Urb who is a Shaman originally from Estonia will be coming to Watson Lake to be offering one-on-one healing sessions.

If you are interested in learning more about Tarmo, you can search his name on the web, he was also featured on the Bio channel in a documentary called The Unexplained.

Shamanic Healer: Tarmo Urb

was born with the gift of insight and healing in Estonia, a country known for shamanic healers for thousands of years. He works with individuals around the world.

According to Tarmo, "There are no incurable diseases, only some incurable people."

When: September 23rd to September 28th.

Where: 127 Nisutlin Drive.

Please call Travis at 536-2097

if you are interested in seeing him.

Please note that space is limited to four individuals a day so please book early if you are interested. You will need to set aside 1.5 hours for your session.

"There are no incurable diseases, only some incurable people."



ONE ON ONE HEALING SESSIONS WITH A TRADITIONAL HEALER

We are pleased to report that Robert Beaulieu will be returning to Watson Lake to follow-up on the people that seen him in July. The dates for his return are: **October 8th to October 10th.**

Please call Travis at our office at 536-2097 if you are interested in a follow-up visit or seeing him for the first time.

TOGETHER FOR JUSTICE

We have recently hired Vicki Bragan to assist us with the Implementation of Together For Justice Safety Protocol with the RCMP. Vicki brings valuable experience to the position with her background in working in Family Violence in Queen Charlotte Islands. Vicki is prepared to mentor someone in the position below.

If you are interested in learning leadership skills and helping to establish a working group please submit your resume and your letter of interest to:
lawsadmin@northwestel.net
 or mail to: Box 3, Watson Lake, YT or drop-off your resume and a letter of interest to our office

Keen to make a difference in your community by helping to reduce violence?

LAWS has an opening for a person with good communication skills (written and verbal), and experience in:

- * research techniques
- * proposal and report writing
- * meeting facilitation

Willing to work with a mentor in researching and developing a strategy to implement the **Together for Justice Safety Protocol** recently signed by the Liard Aboriginal Women's Society and the RCMP

Knowledge of Kaska culture and a healthy lifestyle will be factors considered in hiring. This is a part-time contract to Dec. 31, 2013, with a possibility of being extended.

"If you focus on results, you will never get change, but if you focus on change you will get results"



**THE ONLY PERSON YOU SHOULD
TRY TO BE BETTER THAN,
IS THE PERSON YOU
WERE YESTERDAY.**

